

**AGE-SPECIFIC ADL / IADL ANSWER CHOICES  
FOR CHILDREN'S LONG-TERM SUPPORT PROGRAMS  
AGE: 9 - 12 Years**

**ACTIVITIES OF DAILY LIVING (ADL)**

**Bathing**

- Needs adaptive equipment.
- Is combative during bathing (e.g., flails, takes two caregivers to accomplish task).
- Needs physical help with bathing tasks.
- Needs help getting in and out of bathtub or shower.
- Needs step-by-step cueing to complete the task.
- Lacks an understanding of risk and must be supervised for safety.
- None of the above apply.

Is at least one of the bathing functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Grooming (brushing teeth, washing hands and face)**

- Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- Needs physical help with grooming tasks.
- Needs step-by-step cueing to complete grooming tasks.
- None of the above apply.

Is at least one of the grooming (brushing teeth, washing hands and face) functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Dressing**

- Needs physical assistance with getting clothing on. This does not include fasteners such as buttons, zippers, and snaps.
- None of the above apply.

Is at least one of the dressing functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Eating**

- Needs help with tube feedings or TPN.
- Needs to be fed.
- Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- None of the above apply.

Is at least one of the eating functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Toileting**

- Incontinent of bowel and/or bladder.
- Needs physical help, step-by-step cues, or a toileting schedule.
- None of the above apply.

Is at least one of the toileting functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Mobility**

- Does not walk or needs physical help to walk.
- Uses a wheelchair or other mobility device not including a single cane.
- None of the above apply.

Is at least one of the mobility functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**Transfers (does not include bathtub or shower)**

- Needs physical help with transfers.
- Uses a mechanical lift.
- None of the above apply.

Is at least one of the transfers (not including bathtub or shower) functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

**NOTES:**

**INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)**

**Communication**

- A norm referenced assessment in receptive language within the last three (3) years. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

*(See list of "Norm-Referenced Assessment Tools for Communication and Learning")*

- Assessment Result:
- Within normal limits
  - Less than 30% delay
  - Greater than or equal to 30% delay
  - Less than 2 Standard Deviations (SD) below the norm
  - Greater than or equal to 2 Standard Deviations (SD) below the norm

- A norm referenced assessment in expressive language within the last three (3) years. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

*(See list of "Norm-Referenced Assessment Tools for Communication and Learning")*

- Assessment Result:
- Within normal limits
  - Less than 30% delay
  - Greater than or equal to 30% delay
  - Less than 2 Standard Deviations (SD) below the norm
  - Greater than or equal to 2 Standard Deviations (SD) below the norm

- Does not follow 3-step instructions that are related and are not routine.
- Does not follow 2 single step instructions given at the same time that are unrelated and are not routine.
- Does not use language to share information other than basic needs or wants.
- Is not understood by familiar people that have infrequent contact with the child.
- None of the above apply.

Is at least one of the communication functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

### Learning

- Has a valid full scale IQ (A substantial functional impairment is defined by a full scale IQ score of 75 or less.)  
IQ Test: \_\_\_\_\_ Score: \_\_\_\_\_
- A norm referenced assessment in cognition within the last three (3) years. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)  
Date of Assessment: \_\_\_\_\_ (mm/yyyy)  
Assessment Tool: \_\_\_\_\_  
(See list of "Norm-Referenced Assessment Tools for Communication and Learning")
- Assessment Result:  Within normal limits  
 Less than 30% delay  
 Greater than or equal to 30% delay  
 Less than 2 Standard Deviations (SD) below the norm  
 Greater than or equal to 2 Standard Deviations (SD) below the norm
- Is two or more grade levels behind in two academic subjects.  
 Cannot tell time on a digital clock or watch.  
 Cannot identify coins by name.  
 Cannot provide primary telephone number.  
 None of the above apply.

Is at least one of the learning functional impairments expected to last for at least one year from the date of screening?

- Yes  
 No
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### Social Competency

- Does not make transitions from one activity to another without disrupting others.  
*Unable to make transitions without having his / her discomfort affect others in the group.*
- Does not question rules or punishments viewed as unfair.  
*Unable to express his / her sense of unfairness or simply does not care when things are unfair.*
- Does not control his / her temper in disagreements with other children.  
*Cannot disagree with peers without escalating into a temper tantrum or running away from the situation.*
- None of the above apply.

Is at least one of the social competency functional impairments expected to last for at least one year from the date of screening?

- Yes  
 No